INCLUSIVE ASSISTED LIVING

Carolina Inn Focuses on Offering Value

After years of service, many retirees in the Sandhills region and Moore County area think they have to spend their golden years living modestly in their current home or rely on family members when they need a little extra care. But there are other options available to them, including the boutique assisted living experience at The Carolina Inn in Fayetteville.

The Carolina Inn's resort-like ambiance along with concierge services, a salon and barbershop, multiple dining rooms and beautiful outdoor spaces might make some people think living there is unattainable. But as a rental community with no high entrance fee, it's surprisingly affordable for many area seniors.

"When weighing senior living options, you have to consider all expenses," said Angela Rabelos, The Carolina Inn's community admissions director. "Beyond housing, you have to account for utilities, food, activities — and any outside help that might be needed. That's when you realize the real value of The Carolina Inn."

Monthly fees at The Carolina Inn include three nutritious meals per day, housekeeping and linen services, all apartment maintenance and exterior building upkeep, utilities, 24-hour security, and an emergency response system plus assistance with daily activities such as medication management, personal hygiene, first aid and mobility from dedicated caregivers.

"The Carolina Inn has the highest licensed nurse-to-resident ratio of assisted living communities in the area," said Rabelos. "With nurses on each floor around the clock, our residents receive an unparalleled level of service that puts not only their minds at ease, but their loved ones' as well."

Seniors living at home don't always enjoy the opportunity to participate in social and recreational activities. But at The Carolina Inn, life enrichment programs offer everything from exercise sessions to stay physically fit to games and book clubs that offer mental stimu-



Fees at The Carolina Inn include three meals per day, housekeeping and linen services, apartment maintenance and exterior building upkeep, utilities, 24-hour security and more.

lation. Some favorite events are performances by local musicians and artists, movie nights, holiday dinners, birthday celebrations and wine and cheese carts.

Apartment floor plans also are designed specifically to accommodate the needs of seniors entering the next stage of their lives. They feature universal design and are equipped for both comfort and safety with handicap-accessible baths.

They also have kitchenettes with refrigerators and elegant high ceilings. Many even boast patios or balconies for enjoying the outdoors.

Only a limited number of these oneand two-bedroom assisted living apartments are currently available for rent.

The Carolina Inn is ideally located within the popular Village Green gated



neighborhood. Boasting 100 acres of mature trees, rolling hills and water vistas along with several styles of housing, this peaceful setting is perfect for seniors who want to stay a part of the community.

Charming shopping, international cuisine and year-round activities are nearby in downtown Fayetteville, an All-American city with rich military traditions. The Carolina Inn also is less than one mile from Cape Fear Valley Medical Center and about 15 minutes from Fort Bragg and the PX.

To learn more about Assisted Living at The Carolina Inn, visit www. CarolinaInnNC.com or call Angela Rabelos at (910) 501-2271 to schedule a tour.