

SPONSORED CONTENT

DINE AND TOUR COMMUNITY

# The Carolina Inn Invites Guests to Join Residents

CONTRIBUTED

For many people, gathering around the table for a meal is about more than feeding the body, it's about recapping the day, sharing stories, planning activities, and more. Making these connections on a daily basis is especially important for seniors who often find themselves eating alone when living by themselves. Residents in senior living communities like The Carolina Inn in Fayetteville, on the other hand, can look forward to delicious meals, friendly service and great company every day.

"Everyone understands the importance of good nutrition for seniors in maintaining their health," said Jared Fryer, president of Village Green Real Estate and Development, which manages The Carolina Inn. "What is often overlooked is the social benefits of dining together. Mealtimes really is an integral part of life here."

To illustrate the quality of dining at The Carolina Inn and its impact on residents, Fryer is inviting seniors and their families to stop by for a complimentary meal and personal tour of the community.

"We're excited to have guests sample our extraordinary cuisine," he said.

At The Carolina Inn, choices abound for appetizers, entrees, sides and vegetables, breads and starches, and desserts. Chefs pride themselves on creating tasty dishes and are always trying out new recipes. In the dining plan are three meals per day including health-conscious offerings that are low sodium, sugar-free, heart-healthy, and gluten-free. Although nutritious, menu items always have a classic southern flair. With an on-site greenhouse, seasonal meals feature home-grown herbs and fresh vegetables along with local produce brought in from North

Carolina farms.

Meals are served in the main dining room, which echoes a four-star restaurant with impeccable service and a menu loaded with soups, salads, sandwiches, fruits, and desserts. A more casual atmosphere is available in the Sky View Bistro. For times when someone prefers to dine in their room, room service is offered with the same options from the dining rooms.

The delectable dining experiences attract many seniors to The Carolina Inn; however, the assisted living community offers so much more—Life Enrichment programs, social and educational events, wellness activities, and a resort-like ambiance. With 24-hour person-centered care, residents receive help with daily activities, as much or as little as needed. And perhaps most importantly, The Carolina Inn has the highest licensed nursing-to-resident ratio for assisted living communities in the area resulting in an exceptional level of care.

Located in the heart of the popular Village Green neighborhood...a gated 100-acre community boasting mature trees, rolling hills, water vistas, and a secluded setting... The Carolina Inn is less than one mile from Cape Fear Valley Medical Center and about 15 minutes from Fort Bragg and the PX.

A variety of one- and two-bedroom assisted living residences are available for rent, including several apartments ready to move into right away.

Log onto [www.CarolinaInnNC.com/dine-with-us/](http://www.CarolinaInnNC.com/dine-with-us/) to make a reservation for breakfast, lunch or dinner at The Carolina Inn. Or, call Angela Rabelos at (910) 501-2271 to schedule a complimentary meal and private tour.



CONTRIBUTED

Above, residents enjoy a meal in the dining room. Right, a chef prepares a meat dish for diners.



SPONSORED CONTENT

**TOP NOTCH SERVICE FOR THE BEST CUSTOMERS**



**BEST DEALERSHIP SERVICE DEPARTMENT**  
**BEST CAR DEALERSHIP (NEW CARS ONLY)**



**(910) 692-2424**

10760 US HWY 15-501 SOUTHERN PINES, NC 28387  
[WWW.PINEHURSTTOYOTA.COM](http://WWW.PINEHURSTTOYOTA.COM)

VISION 4 MOORE Presents  
**THE COOPER FORD CONCERT SERIES**

**BILLY JOEL TRIBUTE**

FRIDAY, JUNE 24<sup>TH</sup>

**THIS FRIDAY!**

**THE STRANGER**

Featuring **MIKE SANTORO**

*Julia Golden Opens the show!*

**OUTSIDE @ COOPER FORD, CARTHAGE**  
ONLY 10 MINUTES FROM THE PINEHURST TRAFFIC CIRCLE!

**BENEFITING**  
*Meals on Wheels of the Sandhills*

GATES OPEN AT 6:00 PM ~ SHOW BEGINS AT 7:00 PM ~ FOOD & DRINKS  
\$27\* IN ADVANCE ~ \$32\* AT DOOR ~ \$12\* STUDENTS (13-17)  
12 & UNDER FREE

\*TAX INCLUDED



**PURCHASE TICKETS**

ONLINE AT  
[WWW.VISION4MOORE.COM](http://WWW.VISION4MOORE.COM)

OR PAY BY CHECK IN PERSON  
ABERDEEN, BURNEY HARDWARE COMPANY  
CARTHAGE, COOPER FORD  
SEVEN LAKES, BURNEY HARDWARE COMPANY  
SOUTHERN PINES, COOPER AUTO CHOICE



**GET TICKETS HERE!**



Visit [www.vision4moore.com](http://www.vision4moore.com) or call 910-365-9890 for more info